



APPLICATION FOR EMPLOYER SUPPORT FOR NURSING MOTHERS AWARD

Mother & Child Health Coalition (MCHC) wishes to recognize employers in the Kansas City metropolitan area that provide workplace support to their employees who are breastfeeding (nursing) through the "**Employer Support for Nursing Mothers Award**". Employers are evaluated based on criteria for three levels of support: **Gold, Silver, and Bronze**. Employers meeting requirements of one of the three criteria levels will be recognized with a plaque, recognition on the MCHC website (www.mchc.net) and in a press release to local media. All forms of recognition are voluntary.

Name of Employer: _____

Address: _____

Company website: _____

Contact Person's Name: _____

Phone: _____ Email: _____

Person who assisted employer (if applicable): _____

Requirements:

- Check list of nursing mother support accommodations provided by the employer (see second page)
- Copy of written company breastfeeding policy (if applicable)
- Photo (jpeg format) of nursing break room with permission to post on MCHC website along with identifying information

Email to: pcesare@mchc.net

Mail to: Paul Cesare
Mother & Child Health Coalition
6400 Prospect Avenue, Suite 216
Kansas City, MO 64132

The Business Case for Breastfeeding is a national initiative of the U.S. Department of Health and Human Services (HHS), Health Resources and Services Administration's Maternal and Child Health Bureau, and the HHS Office on Women's Health. Mother & Child Health Coalition is a partner in this national initiative.

Check List for Nursing Mother Support Accommodations

| Criteria | Bronze | Silver | Gold |
|-------------------------------|---|---|---|
| Policy & Education | <input type="checkbox"/> Verbal agreement between mother and her direct supervisor regarding her break times and space to express milk | <input type="checkbox"/> Verbal or written nursing support policy <input type="checkbox"/> Verbal information provided to all employees about nursing support | <input type="checkbox"/> Written nursing support policy with education provided for all employees <input type="checkbox"/> Educational packet about nursing given to all expectant employees and their partners |
| Facilities | <p>Private room with all of the following:</p> <input type="checkbox"/> Private, secure area to express milk* | <p>Private room with all of the following:</p> <input type="checkbox"/> Private, secure area to express milk* <input type="checkbox"/> Comfortable chair for pumping and/or nursing <input type="checkbox"/> Small table <input type="checkbox"/> Electrical Outlet <p>Optional items:</p> <input type="checkbox"/> Refrigerator for milk storage <input type="checkbox"/> Nearby sink with running water or sanitizing wipes for clean up | <p>Private room with all of the following:</p> <input type="checkbox"/> All requirements for “Silver” level <input type="checkbox"/> Refrigerator for milk storage or personal cooler <input type="checkbox"/> Nearby sink with running water or sanitizing wipes for clean up <input type="checkbox"/> Clock <p>Optional items:</p> <input type="checkbox"/> Radio/cassette/CD player <input type="checkbox"/> Telephone <input type="checkbox"/> Nursing mother art |
| Scheduling | <input type="checkbox"/> Flexible breaks (at least 15-20 minutes in the morning and afternoon as well as a lunch break) during which the employee can express milk or nurse their infants | <input type="checkbox"/> Same breaks as “Bronze” level <p>One or more of the following:</p> <input type="checkbox"/> Ability to work part-time or some hours from home <input type="checkbox"/> Flextime or job-sharing option <input type="checkbox"/> Onsite childcare <input type="checkbox"/> “Baby-at-work” program <input type="checkbox"/> Maternity leave available for up to 12 weeks (at least 6 weeks paid) <input type="checkbox"/> Breast pump provided or subsidized by employer | <input type="checkbox"/> Same breaks as “Bronze” level <p>Two or more of the following:</p> <input type="checkbox"/> Ability to work part-time or some hours from home <input type="checkbox"/> Flextime or job-sharing option <input type="checkbox"/> Onsite childcare <input type="checkbox"/> “Baby-at-work” program <input type="checkbox"/> Maternity leave available for up to 12 weeks (at least 6 weeks paid) <input type="checkbox"/> Breast pump provided or subsidized by employer |
| Resources | | <p>One or more of the following:</p> <input type="checkbox"/> Lending library of Breastfeeding Resources <input type="checkbox"/> List of local breastfeeding resources <input type="checkbox"/> Lactation consultant services provided for employees (via insurance or paid by employer) | <p>Two or more of the following:</p> <input type="checkbox"/> Lending library of Breastfeeding Resources <input type="checkbox"/> List of regional breastfeeding resources <input type="checkbox"/> Lactation consultant services provided for employees (via insurance or paid by employer) |

* “...a place, **other than a bathroom**, that is shielded from view and free from intrusion from coworkers and the public...” Fair Labor Standards Act, Sec. 4207