



Dear Birth Mother:

You have taken the first step in assuring that your child will be safe and well taken care of. We know this has been a very difficult decision for you, and we want to assure you that we will give your child the best possible care.

We are asking for your help by providing some health information that may be important for your child to know in his or her future. This information is important for your child's care, and will be most helpful for the adoptive family.

Please fill this out and leave this with Safe Haven staff or take it home, fill it out, and mail it back to us using the attached envelope. No postage necessary.

What is the baby's birth date? \_\_\_\_\_ was the baby premature? \_\_\_\_\_ If yes, when was the approximate date you became pregnant? \_\_\_\_\_

Were there any problems with the pregnancy or delivery? \_\_\_\_\_ If yes, please describe:

\_\_\_\_\_

Did you smoke, use alcohol, drugs or any medication during the pregnancy? \_\_\_\_\_ if yes, please list them: \_\_\_\_\_

The following questions are about the baby's blood relatives. By "blood relative," we mean the baby's mother, father, sister, brother, grandparent, aunt, niece, nephew, or cousin.

- |  |  |
|--|--|
| <input type="checkbox"/> Diabetes      | <input type="checkbox"/> High Blood Pressure |
| <input type="checkbox"/> Asthma        | <input type="checkbox"/> Mental Illness      |
| <input type="checkbox"/> Allergies     | <input type="checkbox"/> Arthritis           |
| <input type="checkbox"/> Seizures      | <input type="checkbox"/> Eye problems        |
| <input type="checkbox"/> Cancer        | <input type="checkbox"/> Hearing Impairment  |
| <input type="checkbox"/> Heart Disease | <input type="checkbox"/> Other (explain)     |

**Physical Description:** Complete as best you can...

<b>Mother</b>	<b>Father</b>
Age: _____	_____
Race: _____	_____
Hair Color: _____	_____
Height: _____	_____
Weight: _____	_____

Please feel free to include a note to your baby, or the family who will adopt your child. You can use the back of this form if you like. Thank you so much for your help. This history is a thoughtful gift for your child.