



## Lactation Outpatient & Breastfeeding Support in the KC Area

Compiled by the Greater Kansas City Lactation Consultant Association – Rev. 1/2015

If you are attending a support group for the first time, **please call ahead to verify the times/locations.** Support groups are free and open to pregnant and postpartum mothers and babies. Outpatient services may vary in cost but can provide an individualized approach to more complex breastfeeding concerns.

### Jackson County

Centerpoint Medical Center – Mondays, 5:30 - 7pm and Fridays, 10 - 11am, 3rd floor at 19600 E. 39<sup>th</sup> Street S, Independence, MO, 64057. 816-698-7399.

Research Medical Center – Tuesdays, 1 - 3pm in the clinic room off the 2<sup>nd</sup> floor elevator. 2316 E. Meyer Blvd, Kansas City, MO, 64132. 816-276-3145.

St. Luke's Hospital – has a breastfeeding warm-line and offers outpatient lactation services. 4401 Wornall Road, Kansas City, MO, 64111. 816-932-2511.

St. Luke's East – Mondays, 10am - noon in the Legacy conference room on the 3<sup>rd</sup> floor, and also on the 1<sup>st</sup> and 3<sup>rd</sup> Tuesdays 6:30 - 8pm in the Hastings conference room by the cafeteria on the 1<sup>st</sup> floor. 100 NE St. Luke's Blvd, Lee's Summit, MO, 64086. 816-347-4680.

Truman Medical Center – Tuesdays, 1 - 2:30pm on the 6<sup>th</sup> floor in the Family Education Center. 2301 Holmes, Kansas City, MO, 64108. 816-404-0474. Spanish speaking mothers are welcome.

Truman Medical Center Lakewood – Wednesdays, 1-2 pm in the education room of the birthing unit. Free outpatient consults offered. 7900 Lee's Summit Road, Kansas City, MO 64139, 816-404-8260.

Uzazi Village – Home visits are offered with a sliding scale fee yet if moms live within a 2 mile radius, the visit is FREE. There are scholarships available for those on Medicaid and those who utilize lifeline and safety net programs (such as TANIFF, SNAP). Free breastfeeding classes and support groups on Fridays. Call Mariah at 913-486-8568 for more information, or visit the calendar section of our website [www.uzazivillage.com](http://www.uzazivillage.com)  
3647 Troost, Kansas City, MO, 64109.

### Johnson County

Jo Co OBGYN, outpatient appointments with IBCLC available at 7440 W Frontage Road, Merriam, KS, 66203, call 913-236-6455 for questions and to schedule an appointment, open to anyone.

Menorah Medical Center – Tuesdays, noon to 1pm in the Ladies & Babies Room, 3<sup>rd</sup> floor, Family Birth Center entrance. 5721 W 119<sup>th</sup> St, Overland Park, KS 66209. 913-498-6322.

Olathe Medical Center – 1 - 2:30pm on the 1<sup>st</sup> and 3<sup>rd</sup> Tuesdays of the month in the Family Resource Center on the 5th floor. 20333 W. 151<sup>st</sup> St. Olathe, KS, 66061. 913-791-4415.

Overland Park Regional Medical Center – Wednesdays 9:30-11:00 in Conference room 2, near cafeteria, 10500 Quivera Road, OP, KS, 66215. 913-541-5208.

Pediatric Care Specialists – the 1<sup>st</sup> and 3<sup>rd</sup> Wednesdays, 5:30 – 6:30pm. 12541 Foster, Suite 260, Overland Park, KS, 66213. 913-906-0900.

Shawnee Mission Medical Center – Tuesdays, 10 - 11:30am in the Life Dynamics Building. 9100 W 74<sup>th</sup> St, Merriam, KS, 66204. Outpatient appointments can be scheduled by calling 913-632-4330.

St. Joseph Medical Center – Mondays, 11am – noon. 1000 Carondelet Dr., Kansas City, MO, 64114. 816-943-2027. **Only for moms delivering at St Joseph.**

St. Luke's South – Mondays, 12:30 - 2:30pm on the Maternity Floor. 12330 Metcalf Ave, Overland Park, KS, 66213. 913-317-7813.

## **In the Northland**

Health Care for Children – “Sprouts” group meets Tuesdays, 2:30 - 4:30pm. 9051 NE 81<sup>st</sup> Ter, Suite 100, Kansas City, MO, 64158. 816-792-1170.

Heartland Regional Medical Center – Mondays, 4:30 – 6:30pm. 5325 Faraon St, St. Joseph, MO 64506. 816-271-7984.

Liberty Hospital – Wednesdays, 1 - 3pm in the Education Center. 2525 Glenn Hendren Dr, Liberty, MO, 64068. 816-792-7219.

North Kansas City Hospital – Mondays, 1 - 3 pm in the Frontier Room. 2800 Clay Edwards Dr., Kansas City, MO, 64116. 816-691-1688.

Priority Care Pediatrics – Mondays, 5-6:30 pm. 9405 N. Oak Trafficway, Kansas City, MO 64155. 816-412-2907. Thursdays, 1:30-2:30pm. 150 NE 96<sup>th</sup> St., Liberty MO 64068 (Updated 10-18-2016)

St. Luke's North – Wednesdays, 11am - 12:30pm, Barry Medical Park (next to hospital), North Conference Room. 5844 NW Barry Rd., Kansas City, MO, 64154. 816-880-2746.

## **Leavenworth County**

Cushing Memorial Hospital – 1<sup>st</sup> Monday of each month, 1 - 2:30pm in the conference room. Cushing Medical Plaza, 711 Marshall St., Leavenworth, KS, 66048. Register by phone by calling 816-932-5100.

## **Wyandotte County**

University of Kansas Medical Center – offers outpatient services. 3901 Rainbow Boulevard, Kansas City, KS, 66103. 913-588-5640.

Wyandotte County WIC – 2<sup>nd</sup> Tuesday of each month, 10am in English and 11am in Spanish. 619 Ann Ave., Kansas City, KS 66101. 913-573-6720.

**La Leche League offers free mother-to-mother breastfeeding support groups and online and/or telephone assistance around the metro. For group info, go to [www.LLLOfGreaterKC.org](http://www.LLLOfGreaterKC.org) or call 816-361-0909.**

