



Mother & Child Health Coalition Resource Material List

All resources are based on availability and cost. Shipping is extra. A representative from MCHC may be able to attend health fairs and/or baby showers depending on staff availability and location of event. For more information or questions about items on this list please contact the Education and Health Promotion Coordinator, Shannon Williams, at 816-283-2642 ext. 251 or swilliams@mchc.net

- Online Order Form: <https://www.surveymonkey.com/r/MCHCResources>
- MCHC Resource Guide
 - 2017 English pdf click [here](#)
 - 2016 Spanish pdf click [here](#)
- For “This Side Up” t-shirts call 1-800-835-5465

Free Resources *Strike through items are not currently available*

| Product # | Title | Source | Eng/Sp |
|-----------|--|---|--------|
| 328 | 9 Things to do Before Getting Pregnant, wallet card | http://health.mo.gov/warehouse/e-l-ghc.html | Eng |
| 332 | 9 Things to do Before Getting Pregnant, Spanish, wallet card | http://health.mo.gov/warehouse/e-l-ghc.html | Sp |
| 531 | 10 Ways to be a Better Dad | http://health.mo.gov/warehouse/e-l-ghc.html | Eng |
| 424 | 10 Ways to be a Better Dad, Spanish | http://health.mo.gov/warehouse/e-l-ghc.html | Sp |
| X | ABCs of Infant Care cards | MCHC | Both |
| X | Breastfeeding crib cards | MCHC | Eng |
| 267 | Breastfeeding: Engorgement | http://health.mo.gov/warehouse/e-l-ghc.html | Both |
| 568 | Breastfeeding: Enough Milk | http://health.mo.gov/warehouse/e-l-ghc.html | Eng |
| 569 | Breastfeeding: Enough Milk Spanish | http://health.mo.gov/warehouse/e-l-ghc.html | Sp |
| 481 | Breastfeeding is Important | http://health.mo.gov/warehouse/e-l-ghc.html | Both |
| x | CHAD- Children Have an Identity Cards | www.parentlink.missouri.edu | Eng |
| x | Child Development Wheel | www.parentlink.missouri.edu | Eng |
| 296 | Folic Acid, Every Day Eng | http://health.mo.gov/warehouse/e-l-ghc.html | Eng |
| 174 | Folic Acid, Every Day Sp | http://health.mo.gov/warehouse/e-l-ghc.html | Sp |
| 365 | Gestational Diabetes, info sheet, Eng/Sp | http://health.mo.gov/warehouse/e-l-ghc.html | Both |
| 286 | Grow Up Healthy Growth Chart | http://health.mo.gov/warehouse/e-l-ghc.html | Eng |
| x | Grow Up Healthy Growth Chart, Spanish | www.CDC.gov | Sp |
| 287 | Have a Healthy PG Don't Drink Eng | http://health.mo.gov/warehouse/e-l-ghc.html | Eng |
| 711 | Have a Healthy PG Don't Drink Sp | http://health.mo.gov/warehouse/e-l-ghc.html | Sp |
| 697 | Have a Healthy PG Don't Smoke Eng | http://health.mo.gov/warehouse/e-l-ghc.html | Eng |
| 707 | Have a Healthy PG Don't Smoke Sp | http://health.mo.gov/warehouse/e-l-ghc.html | Sp |
| x | Milestone Moments | www.CDC.gov | Eng |
| x | Milestone Moments, Spanish | www.CDC.gov | Sp |
| 14 | Newborn Screening: Protect Your Newborn Eng | http://health.mo.gov/warehouse/e-l-ghc.html | Eng |
| 420 | Newborn Screening: Protect Your Newborn Sp | http://health.mo.gov/warehouse/e-l-ghc.html | Sp |
| x | Parent Link brochures/magnets | www.parentlink.missouri.edu | Eng |

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File Location: S Drive; Resource Library

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|------|---|---|------|
| 428 | Planning for a baby | http://health.mo.gov/warehouse/e-l-ghc.html | Eng |
| 1081 | Pregnancy and Beyond Eng | http://health.mo.gov/warehouse/e-l-ghc.html | Eng |
| 1082 | Pregnancy and Beyond Sp | http://health.mo.gov/warehouse/e-l-ghc.html | Sp |
| 195 | Postpartum Depression Sp | http://health.mo.gov/warehouse/e-l-ghc.html | Sp |
| 86 | Postpartum Depression: More Than the Blues Eng | http://health.mo.gov/warehouse/e-l-ghc.html | Eng |
| 564 | Preeclampsia: What is it Eng/Sp | http://health.mo.gov/warehouse/e-l-ghc.html | Both |
| 223 | Pregnancy and Alcohol Eng | http://health.mo.gov/warehouse/e-l-ghc.html | Eng |
| 313 | Pregnancy and Drugs Bilingual | http://health.mo.gov/warehouse/e-l-ghc.html | Eng |
| 442 | Prenatal and Newborn Screening | http://health.mo.gov/warehouse/e-l-ghc.html | Eng |
| x | Preventing Shaken Baby Syndrome | www.ctf4kids.org | Eng |
| x | Safe Haven brochure | MCHC | Both |
| x | Safe Haven information card | MCHC | Both |
| x | Safe Haven metal sign (18 x 24) | MCHC | Eng |
| x | Safe Haven poster (8 ½ x 11) | MCHC | Both |
| x | Safe Sleep for your Baby African American | https://www1.nichd.nih.gov/sts/materials/Pages/default.aspx | Eng |
| x | Safe Sleep for your Baby American Indian/Alaskan Native | https://www1.nichd.nih.gov/sts/materials/Pages/default.aspx | Eng |
| x | Safe Sleep for your Baby General | https://www1.nichd.nih.gov/sts/materials/Pages/default.aspx | Eng |
| x | Safe Sleep for your Baby Spanish | https://www1.nichd.nih.gov/sts/materials/Pages/default.aspx | Sp |
| x | Safe Sleep for your Grandbaby General | https://www1.nichd.nih.gov/sts/materials/Pages/default.aspx | Eng |
| x | Safe Sleep for your Grandbaby Spanish | https://www1.nichd.nih.gov/sts/materials/Pages/default.aspx | Sp |
| 390 | Secondhand Smoke and Baby | http://health.mo.gov/warehouse/e-l-ghc.html | Eng |
| 708 | Spanish, Secondhand and Baby | http://health.mo.gov/warehouse/e-l-ghc.html | |
| 229 | Signs of Preterm Labor, English | http://health.mo.gov/warehouse/e-l-ghc.html | Eng |
| 231 | Signs of Preterm Labor, Spanish | http://health.mo.gov/warehouse/e-l-ghc.html | Sp |
| 708 | Spanish, Secondhand Smoke & Baby | http://health.mo.gov/warehouse/e-l-ghc.html | Sp |
| 1290 | Text4Babies Tear pads | http://health.mo.gov/warehouse/e-l-ghc.html | Eng |
| 1293 | Text4Babies Hispanic Tear pads | http://health.mo.gov/warehouse/e-l-ghc.html | Sp |
| x | What does a safe sleep environment look like | https://www1.nichd.nih.gov/sts/materials/Pages/default.aspx | Eng |
| x | What does a safe sleep environment look like, Spanish | https://www1.nichd.nih.gov/sts/materials/Pages/default.aspx | Sp |
| 242 | Why Last Weeks of Pregnancy Count Bilingual | http://health.mo.gov/warehouse/e-l-ghc.html | Both |

Safe Kids/ Mid America Immunization Coalition (MAIC) Resources

| Program | Category |
|-----------|---|
| Safe Kids | Safe Kids brochure |
| Safe Kids | Fire Safety |
| Safe Kids | Pedestrian Safety |
| Safe Kids | Poison Safety |
| Safe Kids | School/Playground Safety |
| Safe Kids | Sports Safety |
| Safe Kids | Vehicle Safety |
| Safe Kids | Water Safety |
| MAIC | MAIC brochure |
| MAIC | Adult Immunization Schedule by state |
| MAIC | Flu |
| MAIC | Hepatitis |
| MAIC | HPV |
| MAIC | Infant/Child Immunization Schedule by state |
| MAIC | Meningitis |
| MAIC | Shingles |
| MAIC | Teen Immunization Schedule by state |
| MAIC | Whooping Cough/Pertussis |

Paid Resources

| Product # | Title | Source | Eng/Sp |
|------------|---------------------------------|--|--------|
| 09-2385-08 | Are You Ready for Baby Eng | www.marchofdimes.org | Eng |
| 09-2475-10 | Are You Ready for Baby Sp | www.marchofdimes.org | Sp |
| 09-2444-09 | Becoming a Dad | www.marchofdimes.org | Both |
| 50-1717 | Controlling Your Risk Factors | www.krames.com/aha | Both |
| H195 | Domestic Violence | http://pub.etr.org/ | Eng |
| R891 | Domestic Violence | http://pub.etr.org/ | Sp |
| 09-2482-10 | Eating Healthy | www.marchofdimes.org | Both |
| 52509 | Fetal Movement Counts | www.childbirthgraphics.com | Both |
| NF1-93 | How Dad Can be a Good Co-Parent | www.fatherhood.org | Eng |
| 52517 | How to Time Contractions | www.childbirthgraphics.com | Both |
| 09-2473-10 | Prenatal Care | www.marchofdimes.org | Both |

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